

**Department of Liberal Education**  
**Era University, Lucknow**  
**Course Outline**  
**Effective From: 2023-24**

<b>Name of the Program</b>	<b>B.A. / B.Sc. (LIBERAL EDUCATION)</b>		<b>Year/ Semester:</b>	<b>3<sup>rd</sup> / 5<sup>th</sup></b>
<b>Course Name</b>	<b>Psychopathology</b>	<b>Course Code:</b>	<b>PSY302</b>	<b>Type:</b> <b>Theory</b>
<b>Credits</b>	<b>04</b>		<b>Total Sessions Hours:</b>	<b>60 Hours</b>
<b>Evaluation Spread</b>	<b>Internal Continuous Assessment:</b>	<b>50 Marks</b>		<b>End Term Exam:</b> <b>50 Marks</b>
<b>Type of Course</b>	<input type="radio"/> Compulsory	<input checked="" type="radio"/> Core	<input type="radio"/> Creative	<input type="radio"/> Life Skill
<b>Course Objectives</b>	Students will be able to understand criteria of abnormality. By applying the knowledge of assessment, diagnosis, classification system and DSM categories, the learners' will develop sensitivity towards individual diversity and various approaches to the diagnosis and suggested treatment of psychological disorders. Summarize clinical features of symptoms, etiology and valid and reliable treatment of diagnostic categories of mental health disorders.			
<b>Course Outcomes (CO):</b> <i>After the successful course completion, learners will develop following attributes:</i>				
<b>Course Outcome (CO)</b>	<b>Attributes</b>			
<b>CO1</b>	Students will have a basic idea of clinical picture and etiology of various sub-normal behaviors			
<b>CO2</b>	Students will get an understanding of psychopathology and have common misconceptions about the disorder dispelled through this course.			
<b>CO3</b>	Encourage the incorporation of contentious and thought-provoking factors in the diagnosis and understanding of possible treatments for mental health.			
<b>CO4</b>	Studying these disorders can help students gain insight to improve the quality of life for those living with them and their loved ones.			
<b>Pedagogy</b>	Interactive, discussion-bases, student-centered, presentation.			
<b>Internal Evaluation Mode</b>	Mid-term Examination: 20 Marks Activity: 10 Marks Class test: 05 Marks Online Test/Objective Test: 05 Marks Assignments/Presentation: 05 Marks Attendance: 05 Marks			
<b>Session Details</b>	<b>Topic</b>		<b>Hours</b>	<b>Mapped CO</b>
<b>Unit 1</b>	Abnormal Psychology: Concepts and Criteria of Abnormality, Classification of Abnormality (DSM and ICD), Major Approaches to Abnormal Behaviour; Anxiety Disorders and Types <b>Activities:</b> 1. Prepare classification chart for any selected condition related according to DSM and ICD 2. Hamilton Anxiety Rating Scale (HAM-A) 3. Any Practicum(s)/Activity(s)/Assignment(s) suggested by the teacher (optional)		15	CO1, CO2, CO3, CO4

<b>Unit 2</b>	Somatic and Dissociative Disorders and Types; Depressive and Bipolar Disorders and Types <b>Activities:</b> 4. Depression-Stress and Anxiety Test Any Practicum(s)/Activity(s)/Assignment(s) suggested by the teacher (optional)	15	CO1, CO2, CO3, CO4
<b>Unit 3</b>	Schizophrenia: and types; Major and Mild Neurocognitive Disorders; Substance Related Disorder and other Addictive Disorders <b>Activities:</b> 1. Mental Status Examination (MSE) 2. Any Practicum(s)/Activity(s)/Assignment(s) suggested by the teacher (optional)	15	CO1, CO2, CO3, CO4
<b>Unit 4</b>	Neurodevelopmental Disorders: Tics and Tourette's Disorder, Attention- Deficit/Hyperactivity Disorder, Autism Spectrum Disorders, Intellectual Disability, Learning Disorders. <b>Activities:</b> 1. Clinical case analysis with use of secondary data including movies (signs, symptoms, Etiology)/ Interview of cases from the above list of disorders. 2. Any Practicum(s)/Activity(s)/Assignment(s) suggested by the teacher (optional)	15	CO1, CO2, CO3, CO4

### CO-PO and PSO Mapping

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6
CO1	1	1	1	1	2	3	2	2	2	1	3	3	1	3
CO2	2	3	1	2	1	1	3	2	3	1	2	3	2	3
CO3	2	2	2	2	2	1	2	2	3	3	3	3	3	3
CO4	2	2	2	3	3	3	2	2	3	2	3	3	3	3

*Strong contribution-3, Average contribution-2, Low contribution-1,*

### Suggested Readings:

<b>Text- Books</b>	<ul style="list-style-type: none"> <li>Carson, R.C., Butcher, J.N., Mineka, S. &amp; Hooley, J.M. (2008). Abnormal Psychology. New Delhi: Pearson.</li> <li>Kearney, C. A. &amp; Trull, T. J. (2012). Abnormal Psychology and Life: A dimensional approach. New Delhi: Cengage learning</li> </ul>
<b>Reference Books</b>	<ul style="list-style-type: none"> <li>Bennett, P. (2015). EBOOK: Clinical Psychology: Psychopathology through the Lifespan (UK Higher Education OUP Psychology Psychology) (1st ed.). Open University Press.</li> <li>Maddux, J. E., Winstead, B., &amp; Winstead, B. A. (2019). Psychopathology: Foundations for a Contemporary Understanding (5th ed.). Routledge.</li> </ul>
<b>Para Text</b>	<p><b>Suggested Articles/ Movies/Short Film/ Videos</b></p> <p>Unit 1</p> <ul style="list-style-type: none"> <li><a href="https://www.apa.org/monitor/2009/10/icd-dsm">https://www.apa.org/monitor/2009/10/icd-dsm</a> (DSM and ICD)</li> <li>Kapustin, S. A. (2020). An Existential Criterion for the Normal and Abnormal Personality in the Works of Viktor Frankl. Summary. Psychology in Russia: State of the Art, 13(2), 140–153. <a href="https://doi.org/10.11621/pir.2020.0210">https://doi.org/10.11621/pir.2020.0210</a> (Criteria for Normal Personality)</li> <li>Mundt, C. (2002). Psychopathology – First Edition 2002. Psychopathology, 35(1), 1–2. <a href="https://doi.org/10.1159/000056208">https://doi.org/10.1159/000056208</a> (What Is Psychopathology and normality?)</li> <li>Depression and Anxiety Issue Information. (2014). Depression and Anxiety, 31(1), na. <a href="https://doi.org/10.1002/da.22182">https://doi.org/10.1002/da.22182</a> (Anxiety Disorder)</li> </ul> <p>Unit 2</p> <ul style="list-style-type: none"> <li><a href="https://www.youtube.com/watch?v=zWoeFCBednI">https://www.youtube.com/watch?v=zWoeFCBednI</a> (Short film on Depression)</li> <li><a href="https://www.proquest.com/openview/5eae47051c96d35f5bb025f81a19da25/1?cbl=33274&amp;pq-origsite=gscholar&amp;parentSessionId=tH1J%2FF4X%2FUuMIAICRIjSUX0Cu6QH%2Bk1oxf62unX%2BhHQ%3D">https://www.proquest.com/openview/5eae47051c96d35f5bb025f81a19da25/1?cbl=33274&amp;pq-origsite=gscholar&amp;parentSessionId=tH1J%2FF4X%2FUuMIAICRIjSUX0Cu6QH%2Bk1oxf62unX%2BhHQ%3D</a> (Teenage depression)</li> </ul>

<ul style="list-style-type: none"> <li>• <a href="https://www.youtube.com/watch?v=jjbhnt2ghC0">https://www.youtube.com/watch?v=jjbhnt2ghC0</a> (Somatoform and dissociative disorder)</li> <li>• <a href="https://www.psychiatry.org/patients-families/somatic-symptom-disorder/what-is-somatic-symptom-disorder">https://www.psychiatry.org/patients-families/somatic-symptom-disorder/what-is-somatic-symptom-disorder</a> (Somatoform and dissociative disorder)</li> </ul> <p>Unit 3</p> <ul style="list-style-type: none"> <li>• <a href="https://www.psychiatry.org/Patients-Families/Addiction-Substance-Use-Disorders">https://www.psychiatry.org/Patients-Families/Addiction-Substance-Use-Disorders</a> (Substance Abuse disorder)</li> <li>• Movies: Atrangi Rey and A Beautiful Mind (Schizophrenia)</li> <li>• <a href="https://www.youtube.com/watch?v=cmlbaNdFoAc">https://www.youtube.com/watch?v=cmlbaNdFoAc</a> (Neurodegenerative Diseases of the Brain)</li> </ul> <p>Unit 4</p> <ul style="list-style-type: none"> <li>• <a href="https://www.youtube.com/watch?v=OCYjZdI0WCc">https://www.youtube.com/watch?v=OCYjZdI0WCc</a> (The Life Autistic Documentary)</li> <li>• <a href="https://www.psychiatry.org/Patients-Families/Intellectual-Disability">https://www.psychiatry.org/Patients-Families/Intellectual-Disability</a> (Intellectual Disability)</li> <li>• Movie: Journey into dyslexia (2011) (Dyslexia)</li> <li>• <a href="https://www.youtube.com/watch?v=CIdqGYe2SEo">https://www.youtube.com/watch?v=CIdqGYe2SEo</a> (Dysgraphia)</li> <li>• Movie: Hichki (2018) (Tourette Syndrome)</li> </ul>
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### Recapitulation & Examination Pattern

#### Internal Continuous Assessment:

Component	Marks	Pattern
Mid Semester	20	<b>Section A:</b> Contains <b>10</b> MCQs/Fill in the blanks/One Word Answer/ True-False type of questions. Each question carries <b>0.5 mark</b> . <b>Section B:</b> Contains <b>07</b> descriptive questions out of which <b>05</b> questions are to be attempted. Each question carries <b>03 marks</b> .
Activity	10	Will be decided by subject teacher
Class Test	05	Contains <b>05 descriptive questions</b> . Each question carries <b>01</b> mark.
Online Test/ Objective Test	05	Contains <b>10 multiple choice questions</b> . Each question carries <b>0.5</b> mark.
Assignment/ Presentation	05	Assignment to be made on topics and instruction given by subject teacher
Attendance	05	As per policy
<b>Total Marks</b>	<b>50</b>	

Course created by: Dr. Madhu Pandey

Signature:

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Signature:

